WHAT WAS THE BET? Back in 1941, or approximately during that year, the two ladies shown above made a bet (?) and the one that lost the bet was to push the other lady down Main Street in a wheel barrow. Do you know the ladies in the photo above, they will be surprised to see this picture as it was brought into this paper by a friend. Better still, who knows just what the bet was all about? Maybe one of the ladies shown above can fill us in.

Expect A Miracle

Today the Holy Spirit is doing a mighty work. He is revealing himself in terms that people understand about God. He is making Jesus Christ real as a person. People are feeling a warmth from God that they never felt before.

There is a stirring of a new surge of power among God's people. The Holy Spirit is beginning a new march across the earth. Millions are being touched by His magnificent power. The power of his love. All kinds of people are feeling a touch of the Spirit.

There are times in all our lives when nothing less than a miracle will do. God never fails us. Isn't that a wonderful thing to know? God never fails us.

Today we are more dependent upon miracles than ever before, the thing that have changed are the needs people have in different areas-finances, sickness, death, and family problems.

If you feel that you need a miracle use the three miracle keys of Seed-Faith.

1. God is the source of your total supply (Philippians 4:19). 2. Seeding for your miracle (Luke 6 :38) 3. Expect a miracle (Mark 11:24).

A miracle is not an accident. You do not get it for nothing. A miracle comes through having faith in God. The Miracles I am talking about are living and existing in Jesus Christ. When you make a total commitment on your life to Christ, then you can discover a whole new life. A life filled with the wonder of miracles.

Sent in by a member of the Appomattox Baptist Temple Church. Carolyn McCormick

Children Are Affected By Air Pollution

The findings of surveys made in the 197172 school year of respiratory illnesses among children indicate that sulfur oxides and suspended particulates are linked to acute lower respiratory diseases in children. Elementary school children were studied in four New York communities, Charlotte, North Carolina, and Birmingham, Alabama. The surveys were designed to test whether improvements in children's ventilatory function coincide with improvements in air quality. The National Environmental Research Center of the U. S. Environmental Protection Agency recently made public the results of the first year's work of a five-year study by EPA scientists.

Dr. Douglas I. Hamner, of EPA's center in North Carolina, reported on the studies in New York saying, "Acute bronchitis was about 20 percent higher among children exposed to suspended sulfates, particulates, and sulfur dioxide than comparable children not exposed. Higher incidences of croup and other lower respiratory infectons were also found. No other factors but the pollution, he went on, could account for the differences found."

The level of particulates in Charlotte are lower than that of Birmingham. Pulmonary function tests made on almost 8,000 students in both cities showed that the lung functions of children were consistently lower in polluted Birmingham.

Both the northern and the southern studies agreed that repeated lower respiratory illnesses in children may well contribute to the development of chronic respiratory conditions in later life.

Dr. Charles W. Scott, Chairman of the Virginia Lung Association's Central Region's medical program committee, stated in commenting on the findings of EPA's National Environmental Research Center, "We might add to these facts by saying that cigarette smoke, even though second-hand, is also harmful to children. Most time lost from school is usually caused by respiratory illnesses, and it has even proven that cigarette smoke is harmful to the lungs.

"Even unborn children are affected by cigarettes smoked by pregnant women," he went on. "The lung association, through its Youth Board of Directors and other volunteers, is working steadily to educate our children of the dangers of all forms of air pollution, including that caused by the smoking habit."

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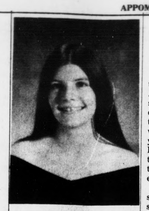

Joan Wright

FBLA Girl Of The Month

The girl of the month for the month of January has been an asset to the chapter. She has been involved in various activities including the paper drive, selling Cherrydale Candy, working on the Homecoming Float, helping with the Railroad Day Festival, and she has attended all FBLA meetings.

She is Chaplain of our Chapter and Chairman of the Who's Who Committee. The girl of the month for January is Joan Wright, daughter of Mr. and Mrs. John Wright, of Pamplin.

Heart attack may strike its victims suddenly, but the conditions leading to it can begin in childhood. Ask your local Heart Association how you can reduce your risk. And give to the Heart Fund.

Westvaco Giving Free Trees For Arbor Day Celebrations

Schools and youth organizations planning to celebrate Arbor Day can get free tree seedlings and educational material from Westvaco Corporation. Up to 1,000 free seedlings will be given to members of youth groups such as 4-H, FFA, and Scouts. At the same time, Westvaco will furnish up to 5,000 free trees to start or expand school forests.

Arbor Day is a special day set aside each year in the 50 states for the purpose of planting trees. Each state chooses its own date for contributing to the beautification of America. ... Virginians observe Arbor Day on the second Friday in March (Mar. 14, 1975). It has become the "extra special day" to plant "arbor" (Latin for "tree") and enhance the beauty and natural resources of Virginia.

The original Arbor Day was held in Nebraska, where it is now a legal holiday. J. Sterling Morton, a homesteader, was disturbed by the barrenness of the Nebraska landscape. He realized that the presence of trees would conserve soil moisture and add to soil nutrients. Through his efforts, April 10, 1872 was set aside in Nebraska as the first Arbor Day. Morton went on to become President Cleveland's Secretary of Agriculture and Arbor Day went on to become a celebration in 50 states and Canada. By 1883 the American Forestry Association passed a resolution promoting Arbor Day. Virginia's first Arbor Day was held in 1892.

Interested groups are urged to place their orders immediately for planting on this special day. March 14. White Pine, Scotch Pine, and Loblolly Pine will be available. A wildlife packet consisting of 100 wildlife food plants will also be available upon request. To get a head start on the forests of the future, contact your local Virginia Division of Forest Office or Westvaco, Cooperative Forest Management, Rt. 3, Box 135A, Lynchburg, Va. 24504. Also, orders may be placed thru Westvaco, Wood Department, Covington, Va. 24426.

February 23 Is "Highway Safety Sunday"

RICHMOND - Highway Safety will receive special emphasis in Virginia churches on National Highway Safety Sun., Feb. 23.

"Religious and highway safety leaders in Virginia have been asked to join their counterparts across the nation in emphasizing highway safety in their sermons and activities," according to John T. Hanna, director, Highway Safety Division of Virginia.

"Although fewer fatalities occurred this year than any time since 1963, it by no means signals an end to the need for stressing highway safety. Even with the reduction in driving begun by the energy crisis our highways won't be fatality free until motorists learn and practice safe, considerate driving."

Some 4,500 Virginia clergymen have been invited to participate in Safety Sunday, the 10th annual event sponsored by the Division in cooperation with the National Foundation for Highway Safety.

BE EXTRA ALERT IN BAD WEATHER

Truck, Trailer Licenses Go On Sale February 10

As a convenience to vehicle owners, the Division of Motor Vehicles announced today that renewal license plates for trucks, tractors, trailers, and motorcycles will go on sale Feb. 10, at all DMV branch offices and license agencies. Although the earlier selling date adds fifteen days of buying time to the normal period of March 1-31, Commissioner Vern L. Hill reminded owners that the new plates should not be installed on vehicles until March 1. He urged the public to take advantage of the early availability to avoid a rush as the March 31 deadline approaches.

As previously announced, these "miscellaneous" vehicles will now be brought into the staggered-month, decal system. Renewal procedures will be identical to the introduction of passenger cars to the decal system two years ago. New plates will be issued without decals and will be valid for one year. Owners now renewing licenses have already selected a convenient month for future annual renewal. During the 1975 license year, DMV will send owners an notice, reflecting renewal month selected payment of a prorated will receive the decals.

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Karen A. Knapp

Local Members To Attend SS Regional Board Meeting

Approximately 100 members of Southern States Cooperative's local board and committee members, agricultural workers and retail agency managers from this area, will attend a regional board meeting in Brookneal, Va. on Feb. 14. The session will be held at the Community Center and registration will begin at 9:30 a.m.

Also attending the meeting will be a number of guest young farmers from this area.

A total of 19 of these regional meetings will be held by Southern States over a five-state area. The cooperative serves over 251,600 farmer-members who live in Virginia, West Virginia, Maryland, Delaware and Kentucky.

W. W. Naff of Boones Mill, Va., a member of the Southern States 15-man board of directors will preside at the meeting. Naff represents the cooperative's members in south central Virginia. He has been a member of the board since 1960.

Featured at the session will be a look at "Agriculture in Economy," to be presented by J. E. Givens, the cooperative's assistant general manager, who heads a two-man management team that will attend the session. F. M. Armbrecht, the association's controller, the other team member, will report on the cooperative's operations during the first six months of the 1974-75 fiscal year. Also on the agenda will be a look at "Southern States in Your Community," presented by R. R. Pesgans, a regional manager of the cooperative, headquartered at Troutville.

Following an open-forum discussion and lunch, the session will adjourn.

Those expected to attend the meeting from the Appomattox area are Ronald Coleman and Dan G. Coleman , co-managers of Coleman and Sons, Inc. and local board members: James R. Ford, Jr., Riley T. Megginson, John H. Goin, all of Appomattox; E. M. Covington of Pamplin; E. W. Marshall of Spout Spring and N. W. Clowdis of Red House.

Heart Association Sponsors Party

Richmond, Jan. 29, The Virginia Heart Association will sponsor its 12th Annual "Happy Hearts Party" here on February 15 from 2:30 to 4:30 p.m. in Thalhimers 5th floor auditorium.

The party is given for children, ages three to ten, who have recovered from heart surgery. Invitations are mailed to those children whose names are on file.

Hanna-Barbera stars Scooby-Doo, Yogi Bear, Fred Flintstone, Barney Rubble and the Banana Splits will appear. They are being sponsored by Kings Dominion, located 20 miles north of Richmond at the Doswell exit of Interstate 95, which opens May 3, 1975. Sesame Street Characters from Channel 23 in attendance include Bert, Ernie, Oscar and Grandma Bird.

Sparky the Firedog from the Richmond Fire Bureau, the Novettes singers from J. R. Tucker High School and the Monticello Guard of the Virginia National Guard will join the celebration. Eddie Weaver will perform at the piano. A gypsy fortune teller and an assortment of clowns complete the roster of entertainers.

The auditorium, decorations and refreshments are by Thalhimers.

Parents or friends of children who are aware of children who have undergone coronary surgery who have not received invitations, are urged to contact the Virginia Heart Association, 316 East Clay Street, Richmond, 23219, or telephone (804) 643-7391. The families of the children are also invited to attend.

Director of Mental Retardation Named

Ms. Carol Singer has been named director of mental retardation for the Department of Mental Health and Mental Retardation, effective December, 1974.

In her job as director, Ms. Singer said she and her staff will work toward achieving quality community and institutional programs and training for the mentally retarded people of Virginia.

Ms. Singer joined the Department in 1972 as assistant director of mental retardation. She was named acting director in August, 1974, when the director's post became vacant.

From 1962 to 1972, Ms. Singer taught and developed programs for emotionally disturbed and mentally retarded children and adults in public and private schools in Boston, Mass., New York City and the state of New York.

She received her bachelor's degree in education of the mentally retarded from Boston University in 1962, and her master's of education in education of the emotionally disturbed from Duke University, North Carolina, in 1972.

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